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Certification Review: Neonatal Intensive Care  
Strategies for Breastfeeding in the Neonatal Intensive Care Unit



*2013 Continuing Education Course Catalogue  
Hackensack University Medical Center  
Department of Clinical Education*

**FEES:**

All courses are provided without fee to HUMC employees. The fees noted in the catalog are for attendees from other facilities.

**EMPLOYEE ENROLLMENT PROCESS:**

1. ALL employees must register in HOLA for each course they plan to attend.
2. Students and faculty of affiliated schools of nursing may attend courses as per seat availability. Conference request forms must be completed. Conference request forms may be obtained from the Department Of Clinical Education.

**OUTSIDE REGISTRANTS:**

Complete the registration form and send check payable to Hackensack University Medical Center to:

**Department of Clinical Education, Hackensack University Medical Center, 30 Prospect Avenue, Hackensack, NJ 07601.** A faxed copy of your registration form will hold a space until two weeks before the course. Two weeks before the course the space will be released to a paid registrant if we have not received the check.

**For Critical Care Course please call 551-996-2173 & request a brochure.**

Hospitals may fax copies of completed registration forms for each participant. Note: only three participants per hospital are placed on the attendance list. Additional names are kept on a waiting list until two weeks before the course. A memo with a contact person's name and the date the check is expected is required with the registrations. We cannot accept faxed registrations from hospitals less than one week before the course unless called first. Hackensack University Medical Center reserves the right to cancel courses due to insufficient enrollment, in which case, registrants will receive a full refund.

**CANCELLATION POLICY:**

Cancellations postmarked less than two weeks before the course: registration fee will be refunded subject to a \$25.00 processing fee.

**CERTIFICATION MAINTENANCE INFORMATION:**

Participants enrolled in courses, which offer CEUs or contact hours will receive their certificates upon completion of the course, which may include successful passing of a written and/or practical examination.

**FACULTY:**

All courses are taught by an education specialist, clinical educator, clinical nurse specialist/advanced practice nurse, medical staff, hospital staff, and/or outside consultants.

**SPECIAL NOTE:**

Course dates are subject to change based on attendance and service/hospital needs.

**FLYERS/ANNOUNCEMENTS:**

Flyers will be distributed in-house as reminders prior to all courses. Please verify all course dates and locations by checking the Event Calendar on HUMCNET



**2013 Mandatory Education/ BLS Renewal Days**

The 4 hour blocks of time listed below are for BLS renewal. In addition, please refer Women & Children’s Division Mandatory Education Schedule for those areas.

**ALL STAFF MUST ALSO COMPLETE THE FOLLOWING ON E-LEARNING;**

ADA  
 Corporate Compliance  
 Cultural Competency  
 EMTALA  
 HIPAA  
 Patient Safety-NPSG  
 Environment of Care Impaired L.I.P.  
 Performance Improvement Team Training  
 Abuse, Neglect and Exploitation

Harassment Awareness  
 OSHA x 2  
 Age Specific Competencies  
 Mandatory Education Modules I to VI for Nurses  
 Mandatory Education Modules I to III for Ancillary staff  
 Bariatric Sensitivity  
 Emergency Management-EOP Infection Control Review

DATE	TOPIC- <u>BLS Renewal</u> -TIME	LOCATION
January 17	8a-12p	Hekemian Auditorium
January 29	3p-7p	Hekemian Auditorium
February 14	8a-12p	Hekemian Auditorium
February 25	3p-7p	Hekemian Auditorium
March 13	8a-12p	Hekemian Auditorium
March 28	3p-7p & 7p-11p	Hekemian Auditorium
April 11	8a-12p	Hekemian Auditorium
April 30	3p-7p	Hekemian Auditorium
May 16	8a-12p	Hekemian Auditorium
May 28	3p-7p	Hekemian Auditorium
June 13	8a-12p	Hekemian Auditorium
June 26	3p-7p & 7p-11p	Hekemian Auditorium
July 1	3p-7p	Hekemian Auditorium

July 18	8a-12p	Hekemian Auditorium
August 1	3p-7p	Hekemian Auditorium
August 15	8a-12p	Hekemian Auditorium
September 19	8a-12p	Hekemian Auditorium
September 30	3p-7p & 7p-11p	Hekemian Auditorium
October 17	8a-12p	Hekemian Auditorium
October 29	3p-7p	Hekemian Auditorium
November 14	8a-12p	Hekemian Auditorium
November 25	3p-7p	Hekemian Auditorium

**Coordinator:** Department of Clinical Education

**Audience:** HackensackUMC Registered Nurses, Technicians and Clinicians currently certified in Healthcare Provider from the American Heart Association.

## Orientation

This two-week program familiarizes the new employee with the philosophy, mission, organizational chart and mandatory education requirements. Orientations are individualized as appropriate to service/unit.

<b>Dates</b>	<b>Location</b>
<b>General Orientation:</b>	
January 7	Hekemian Conference Center
February 4	Hekemian Conference Center
March 4	Hekemian Conference Center
April 1	Hekemian Conference Center
May 6	Hekemian Conference Center
June 4	Hekemian Conference Center
July 8	Hekemian Conference Center
August 5	Hekemian Conference Center
September 9	Hekemian Conference Center
October 7	Hekemian Conference Center
November 4	Hekemian Conference Center
December 2	Hekemian Conference Center

<b>RN Orientation:</b>	
January 8-16	315 Atlantic Street
February 5-13	315 Atlantic Street
March 5-13	315 Atlantic Street
April 2-10	315 Atlantic Street
May 7-15	315 Atlantic Street
June 4-12	315 Atlantic Street
July 9-17	315 Atlantic Street
August 6-14	315 Atlantic Street
September 10-18	315 Atlantic Street
October 8-16	315 Atlantic Street
November 5-13	315 Atlantic Street
December 3-11	315 Atlantic Street

<b>Nursing Internship:</b>	
January 8-16	315 Atlantic Street
February 5-13	315 Atlantic Street
March 5-13	315 Atlantic Street
April 2-10	315 Atlantic Street
May 7-15	315 Atlantic Street
June 4-12	315 Atlantic Street
July 9-17	315 Atlantic Street
August 6-14	315 Atlantic Street
September 10-18	315 Atlantic Street
October 8-16	315 Atlantic Street
November 5-13	315 Atlantic Street
December 3-11	315 Atlantic Street



## Orientation

### **NA Orientation**

January 8-11	315 Atlantic Street
February 5-8	315 Atlantic Street
March 5-8	315 Atlantic Street
April –2-6	315 Atlantic Street
May 2-5	315 Atlantic Street
June 4-7	315 Atlantic Street
July 9-12	315 Atlantic Street
August 6-9	315 Atlantic Street
September 10-13	315 Atlantic Street
October 8-11	315 Atlantic Street
November 5-8	315 Atlantic Street
December 3-6	315 Atlantic Street

### **UC Orientation**

January 8-11	315 Atlantic Street
February 5-8	315 Atlantic Street
March 5-8	315 Atlantic Street
April 2-6	315 Atlantic Street
May 2-5	315 Atlantic Street
June 4-7	315 Atlantic Street
July 9-12	315 Atlantic Street
August 6-9	315 Atlantic Street
September 10-13	315 Atlantic Street
October 8-11	315 Atlantic Street
November 5-8	315 Atlantic Street
December 3-6	315 Atlantic Street

\*All Orientations will have additional time added to their schedule due to Computer Classes, adding up to two and a half days, dependent on appointed unit.

**Time:** 8:00 - 4:30 PM

**Fee:** NA

**Coordinator:** Cheryl Marchal, MSN, RNC, NE-BC (Unit Clerks & Team Leader)  
Sandra Emmanuel, MA, RN, BC (Registered Nurse)  
Patrice Pulford, MSN, RN-BC (Nursing Assistant, PCT, PCA, ETD Transport)

**Contact Hours:** NA

**Audience:** New hires.



**Advanced Cardiac Life Support (ACLS)**

This program will provide the participant with the advanced skills necessary to manage a patient in cardiac arrest and stroke management. Topics include recognition and treatment of cardiac arrhythmias, emergency airway management, emergency medications, IV access, utilizing a team management approach.

	<b><u>ACLS Initial</u></b>	<b><u>ACLS Renewal</u></b>
<b>Dates:</b>	January 26 & 27 February 23 & 24 March 30 & 31 May 18 & 19 June 29 & 30 September 28 & 29 October 26 & 27 November 16 & 17 December 14 & 15	January 19 January 20 March 9 March 10 May 4 May 5 June 22 June 23 July 13 July 14 September 21 September 22 October 19 October 20 December 7 December 8
<b>Time:</b>	8:00 - 4:30 PM	
<b>Place:</b>	Hekemian Conference Center: 1 & 2	
<b>Fee:</b>	\$225.00 full course / \$125.00 renewal	
<b>Coordinator:</b>	Tim Youngsworth, RN, MICP	
<b>Contact Hours:</b>	Contact Hours provided for initial course	
<b>Audience:</b>	Participants must have current AHA BLS Healthcare Provider card. Background in EKG interpretation is needed. Completion of the AHA ACLS pretest is required. RNs, MDs, MICPs, RTs, DDS. Maximum number of students: Initial course – 24, Renewal Course- 30	
<b>Note:</b>	Use of American Heart Association materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials; do not represent income to the Association.	

## **Basic Life Support Community Courses**

The following courses are open to the public, for those members of the community who are required to have an American Heart Association BLS for HCP course completion card to meet employment or school requirements. The Life Support Training Center offers both initial and renewal courses. Fees apply.

### **BLS for Healthcare Provider – Initial Course**

The Healthcare Provider Course covers core material such as adult and pediatric CPR skills, two-rescuer scenarios, use of the bag-mask, foreign-body airway obstruction, and automated external defibrillation (AED). This program includes both written and skills evaluations. A course completion card will be issued upon successful completion of the course requirements.

#### **Attendance Pre-Requisites:**

- Call 551-996-2401 or e-mail [mail\\_CprTraining@HackensackUMC.org](mailto:mail_CprTraining@HackensackUMC.org) for more information and a registration form.
- Pre-registration and pre-payment are required for enrollment into this course.
- Class size is limited.
- Participants who are pregnant or have medical restrictions will need to present a current note from their physician to participate in training.

<b>Dates:</b> Monday, January 7 and 14	Monday, July 1 & 8
Monday, February 4 and 11	Monday, August 5 & 12
Monday, March 4 and 11	Monday, September 9 & September 16
Monday, April 1 and 8	Monday, October 7 and 14
Monday, May 6 and 13	Monday, November 4 and 11
Monday, June 3 and 10	Monday, December 2 and 9

**Time:** 6:00 – 10:00 PM

**Place:** The Hekemian Conference Center  
Hackensack University Medical Center

**Fee:** \$90.00 for the initial course includes student manual. Employee discount is available with HackensackUMC ID.

**Parking:** Parking is available in the main visitor’s parking garage.

**Coordinator:** Karen Della Fave, MS, BSN, RN, CCE, CBC

**Audience:** This course is designed for healthcare providers such as doctors, dentists, EMS personnel, nurses, physical therapist, etc. who must have a credential documenting successful completion

**Note:** Use of American Heart Association materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for

such a course, except for a portion of fees needed for AHA course materials; do not represent income to the Association.

### **Basic Life Support Instructor Course – Initial**

This course is designed to prepare American Heart Association (AHA) instructors to disseminate the science, skills, and philosophy of resuscitation programs to participants enrolled in AHA courses. Course content will include an overview of the science behind the AHA’s 2010 *Guidelines for CPR and ECC*, Basic Life Support teaching methods and curriculum, and Training Center specific information.

#### **Candidates Pre-Requisites:**

- Call (551) 996-2401 or email [mail\\_CprTraining@HackensackUMC.org](mailto:mail_CprTraining@HackensackUMC.org) for more information and a registration form.
- Candidates must be aligned with an AHA Training Center
- Those entering the BLS Instructor Course must have current AHA Healthcare Provider status.
- Non-healthcare professionals must also have first aid provider status.
- Instructor candidates must complete and submit course completion certificate for AHA’s computer-based Core Instructor Course prior to attending the Instructor Course.

#### **Dates and Time: Summer Session: June 2013**

Mandatory Pre-Screening:	Tuesday, May 14,	7p.m-10p.m
Instructor Course:	Saturday, June 1,	8:30 a. m – 4:00 p. m

#### **Fall Session: November 2013**

Mandatory Pre-Screening:	Thursday, October 10,	7p.m-10p.m
Instructor Course:	Saturday, November 2,	8:30 a. m – 4:00 p. m

<b>Place:</b>	Mandatory Pre-Screening:	Hekemian Conference Center
	Instructor Course:	315 Atlantic Street, Nursing Education Building

**Fee:** \$300.00 full course

**Coordinator:** Karen Della Fave, MS, BSN, RN, CCE, CBC

**Audience:** Participants must meet all pre-requisites prior to attending course.  
Maximum number of students: 10

**Note:** Use of American Heart Association materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials; do not represent income to the Association.

## **Basic Life Support Instructor Course-Renewal**

This course is designed to meet the renewal requirement for the American Heart Association (AHA) Basic Life Support Instructor. Content includes skills testing, written examination, and informational update.

### **Attendance Pre-Requisites:**

- Call (551) 996-2401 or email [mail\\_CprTraining@HackensackUMC.org](mailto:CprTraining@HackensackUMC.org) for more information and a registration form.
- Participants must bring with them a copy of the current AHA Instructor manual for the courses they teach.
- Participants must have taught four (4) BLS courses in the past two (2) years.
- Participants must have attended any AHA mandatory instructor update program.
- Participants must have been monitored during teaching session in the past 2 years by HUMC Training Center Faculty.

**Dates:** Tuesday, June 11  
Tuesday, June 18  
Wednesday, November 13  
Tuesday, November 26

**Time:** 5:00 p. m-8:00 p. m

**Place:** Hekemian Auditorium

**Fee:** \$100.00 per person

**Coordinator:** Karen DellaFave, MS, BSN, RN, CCE, CBC

**Audience:** Participants must meet all pre-requisites prior to attending course.

**Note:** Use of American Heart Association materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials; do not represent income to the Association.

## **BLS for Healthcare Provider-Renewal Course**

The Healthcare Provider Course covers core material such as adult and pediatric CPR skills, two-rescuer scenarios, use of the bag-mask, foreign-body airway obstruction, and automated external defibrillation (AED). This program includes both written and skills evaluations. Providers who intend to take the renewal course must present a current American Heart association HCP card as entrance into the renewal course. A course completion card will be issued upon successful completion of the course requirements.

### **Attendance Pre-Requisites:**

- Call 551-996-2401 or e-mail [mail\\_CprTraining@HackensackUMC.org](mailto:mail_CprTraining@HackensackUMC.org) for more information and a registration form.
- Pre-registration and pre-payment is required for enrollment into this course.
- Class size is limited.
- Participants must enclose a copy of both sides of their current American Heart Association HCP card with course registration form or be prepared to present their card to instructor the day of class.
- Participants who are pregnant or have medical restrictions will need to present a current note from their physician to participate in training.

### **Dates:**

#### **Daytime Sessions:**

Friday, January 25  
Friday, February 15  
Friday, March 22  
Wednesday, April 24  
Tuesday, May 21  
Wednesday, June 26  
Thursday, August 15  
Wednesday, September 4  
Friday, September 27  
Thursday, October 28  
Tuesday, November 18  
Friday, December 27

#### **Evening Sessions:**

Monday, January 7 or 14  
Monday, February 4 or 11  
Monday, March 4 or 11  
Monday, April 1 or 8  
Monday, May 6 or 13  
Monday, June 3 or 10  
Monday, July 1 or 8  
Monday, August 5 or 12  
Monday, September 9 or 16  
Monday, October 7 or 14  
Monday, November 4 or 11  
Monday, December 2 or 9

### **Time:**

**Daytime Sessions:** 1:00 p .m. - 4:30pm / **Evening Sessions-** 6:00 p. m. – 10:00 PM

### **Place:**

**Daytime Sessions** GO-14 Classroom / **Evening Sessions-**Hekemian Conference Center

### **Fee:**

\$50.00 renewal course includes student manual.

### **Parking:**

Parking is available in the main visitor's parking garage.

### **Coordinator:**

Karen Della Fave, MS, BSN, RN, CCE, CBC

### **Audience:**

This course is designed for healthcare providers such as doctors, dentists, EMS personnel, nurses, physical therapist, etc. who must have a credential documenting successful completion.

### **Note:**

Use of American Heart Association materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for

such a course, except for a portion of fees needed for AHA course materials; do not represent income to the Association.

### **BLS for Healthcare Provider –Initial Course: For Nursing Students and Students in other Healthcare Provider Fields**

The Healthcare Provider Course covers core material such as adult and pediatric CPR skills, two-rescuer scenarios, use of the bag-mask, foreign-body airway obstruction, and automated external defibrillation (AED). This program includes both written and skills evaluations. A course completion card will be issued upon successful completion of the course requirements.

#### **Attendance Pre-Requisites:**

- Call (551) 996-2401 or email [mail\\_CprTraining@HackensackUMC.org](mailto:mail_CprTraining@HackensackUMC.org) for more information and a registration form.
- Pre-registration and pre-payment is required for enrollment into this course.
- Class size is limited.
- Participants who are pregnant or have medical restrictions will need to present a current note from their physician to participate in training.

#### **Dates:**

Friday, May 17

Friday, May 31

Thursday, June 13

Monday, June 24

Wednesday, July 31

Tuesday, July 31<sup>st</sup>

Thursday, August 1

Friday, August 9

Thursday, August 29

**Time:** 10:00 AM– 4:00 PM

**Place:** The Hekemian Conference Center  
Hackensack University Medical Center

**Fee:** \$90.00 for initial course includes student manual. Student and employee discounts available with HackensackUMC or college ID.

**Parking:** Parking is available in the main visitor's parking garage.

**Coordinators:** Karen Della Fave, MS, BSN, RN, CCE, CBC

**Audience:** This course has been scheduled specifically to meet the needs of students enrolled in nursing and other health provider programs, such as, pharmacy, medical, dental, etc., as they prepare for their clinical rotations.

**Note:** Use of American Heart Association materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials; do not represent income to the Association.

## **Pediatric Advanced Life Support (PALS)**

This course has been developed jointly by the American Heart Association and the American Academy of Pediatrics to enhance the ability physicians, nurses and paramedics in the rapid assessment and treatment of the critically ill or injured child. Strong focus is on assessment and stabilization of the infant or child in shock, respiratory failure, and cardiopulmonary arrest, utilizing established AHA and AAP 2010 guidelines.

	<u><b>PALS Initial</b></u>	<u><b>PALS Renewal</b></u>
<b>Dates:</b>		February 14
	February 21 & 22	February 15
		April 18
	May 23 & 24	April 19
		May 16
	October 24 & 25	May 17
		July 18
	December 19 & 20	October 17
		October 18
		December 12
		December 13

**Time:** 8:00 - 4:30 PM

**Place:** Research Lecture Hall

**Fee:** \$225.00 Initial course / \$125.00 Renewal Course

**Coordinator:** Tim Youngsworth, RN, MICP

**Audience:** Participants must have current AHA BLS Healthcare Provider card for full course and for renewal. In addition, for the renewal day, a current PALS certificate is needed. Background in EKG interpretation is needed. Completion of the AHA PALS pretest is required. RNs, MDs, MICPs, RTs, DDS  
Maximum number of students: 24

**Note:** Use of American Heart Association materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials; do not represent income to the Association.





### Critical Care Course

This Critical Care course is an introduction to the theoretical and practical skills of critical care nursing. The course is divided into 3 modules: Stepdown Unit (SDU), Intensive Care/ETD (ICU) and Trauma. The methodology of the course progression is designed to meet the needs of staff entering specialized areas requiring different levels of knowledge and skills. The format of the entire course includes theoretical content in a lecture / discussion format supported by skill labs to allow for assimilation of new knowledge through psychomotor skills and / or interactive case studies.

### Critical Care Course: Stepdown Unit Module

The Stepdown Unit Module is a 7 day course which prepares nurses in basic and life threatening dysrhythmia identification and treatment. The program also covers multisystem assessment and management including cardiovascular, pulmonary, stroke and renal. The Stepdown Unit Module serves as a foundation for progression into the ICU course.

**\* Non-employees please call Clinical Education at 551-996-2173 for a critical care course brochure which details content covered, fees and contact hours.**

**Dates:** January 22, 23, 29, 30, February 5, 6, 12,  
March 18, 19, 21, 25, 26, 28, April 9  
May 21, 22, 28, 29, June 4, 5, 11  
August 20, 21, 27, 28, September 3, 4, , 10  
October 22, 23, 29, 30 November 5, 6, 12

**Time:** 8:00 - 4:30 PM

**Place:** 5 Link Classroom

**Fee:** External applicants please contact the Department of Clinical Education for information.

**Coordinators:** Pamela Pascarelli, MSN, RN-BC, APN-C, CCRN  
Kristina Rioux ,MSN, RN, CEN  
Bridget Wertz, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** RN's required to interpret cardiac rhythms.

### **Critical Care Course: Intensive Care Module**

The Intensive Care Unit Component incorporates theoretical and practical skills of mechanical ventilation, basic hemodynamics, shock management, sepsis, multi organ dysfunction selected neurological topics including ICP monitoring, brain and spinal cord injuries and special populations in critical care.

**Dates:** February 13, 19, 20, 26, 27 March 5  
April 10, 16, 17, 23, 24, 30  
June 12, 18, 19, 25, 26, July 2  
September 11, 17, 18, 24, 25, October 1  
November 13, 19, 20, 25, 26, December 3

**Time:** 8:00 - 4:30 PM

**Place:** 5 Link Classroom

**Fee:** External applicants please contact the Department of Clinical Education for information.

**Coordinators:** Pamela Pascarelli, MSN, RN-BC, APN-C, CCRN  
Kristina Rioux MSN, RN, CEN  
Bridget Wertz, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Critical Care Unit, ETD nurses (full course), Intermediate Care Units

**Prerequisite:** Stepdown Unit Course or its equivalent.

### **Critical Course: Trauma Day 1 and Day 2**

The Trauma Module of the Critical Care course is a two day program designed to prepare the nurse to perform initial multisystem assessment, provide immediate interventions for life threatening injuries and to problem solve for on-going shock/trauma/burn scenarios utilizing trauma life support protocols. The content is presented in lecture/discussion format and rotating teaching/skills stations.

**Dates:** March 13 & 14 (Wednesday and Thursday)  
July 30 & 31 (Tuesday and Wednesday)  
December 4 & 5 (Wednesday and Thursday)

**Time:** 8:00 - 4:30 PM

**Place:** 5 Link Classroom

**Fee:** External applicants please contact the Department of Clinical Education for information.

**Coordinators:** Pamela Pascarelli, MSN, RN-BC, APN-C, CCRN  
Kristina Rioux MSN, RN, CEN  
Bridget Wertz, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Pre-Requisite:** Stepdown Unit and Intensive Care Module or its equivalent

**Audience:** Emergency/trauma, critical or intermediate care nurses who care for trauma patients

## **Triage: Meeting the Challenge**

This 2-day program is designed as an introduction to the role and responsibilities of the triage nurse in the emergency trauma department (ETD). Enhance the development of critical thinking skills to information obtained in triage assessment with ac of patient and treatment

- Dates:** April 25 & 26 (Thursday and Friday)  
August 14 & 15 (Wednesday and Thursday)  
December 11 & 12 (Wednesday and Thursday)
- Time:** 8:00 - 4:30 PM
- Place:** 5 Link Classroom
- Fee:** Not open to the Public
- Coordinators:** Pamela Pascarelli, MSN, RN-BC, APN-C, CCRN  
Kristina Rioux, MSN, RN, CEN  
Bridget Wertz, MSN, RN, CCRN
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.
- Audience:** ETD Nurses

## **Intra-aortic Balloon Pump Course- Technical (Basic)**

This four hour course is designed for health care professionals involved with the care of the patient on IABP Therapy. The program begins with a brief overview of Cardiac A&P followed by a review of Theory of intra-aortic balloon pumping and a discussion of percutaneous IAB catheter. The technical aspects of the IABP will be discussed in detail highlighting troubleshooting in the clinical setting.

- Dates:** February 28 (Thursday) 1p-5p  
April 12 (Friday) 1p-5p  
June 13 (Thursday) 10a-2pm  
August 13 (Tuesday) 10a-2pm  
October 3 (Thursday) 1p-5pm
- Place:** To Be Announced
- Fee:** No fee
- Coordinators:** Pamela Pascarelli, MSN, RN-BC, APN-C, CCRN  
Kristina Rioux, MSN, RN, CEN  
Bridget Wertz, MSN, RN, CCRN
- Contact Hours:** Provided through Maquet (Datascope)
- Faculty:** Maquet
- Audience:** Nurse working with patients on IABP

### **CEN Review Course: Day 1, Day 2, and Day 3**

This 3 day course is designed as a review of the care of the emergency / trauma patient and as preparation to take the CEN exam offered through the Board of Certification for emergency nursing. (BCEN). Areas covered are those outlined in the content listing. Review of the following topics will be covered: toxicological, environmental, orthopedic, maxillofacial, shock, neurological, genitourinary, OB/GYN, respiratory, gastrointestinal, medical, ocular, wound, ENT, and trauma emergencies.

- Dates:** May 16, 23, & 30 (Thursdays)  
September 5, 6, 9 (Thursday, Friday, Monday)  
November 7, 14, & 21 (Thursdays)
- Time:** 8:00 - 4:30 PM
- Place:** Various Rooms
- Fee:** Not open to the Public
- Coordinators:** Pamela Pascarelli, MSN, RN-BC, APN-C, CCRN  
Kristina Rioux, MSN, RN, CEN  
Bridget Wertz, MSN, RN, CCRN
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.
- Audience:** Registered nurses preparing to take the CEN exam.

### **CCRN & PCCN Review Course**

This 3 day course is designed as a review of the care of the adult acutely ill and critically ill patient and as preparation to take the adult CCRN & PCCN examination offered through the AACN certification corporation. Areas covered are those determined by the exam blueprint. Review of the following clinical topics will be covered: cardiovascular, pulmonary, endocrine, hematology/immunology, neurology, gastrointestinal, renal and multisystem. Professional caring, ethical practice and synergy model will also be addressed.

- Dates:** February 8, 15, 22 (Fridays)  
October 11 (Friday)  
October 18 (Friday)  
October 25 (Friday)
- Time:** 8:00 - 4:30 PM
- Place:** Various Classrooms
- Fee:** Not open to the Public
- Coordinators:** Pamela Pascarelli, MSN, RN-BC , APN-C, CCRN  
Kristina Rioux, MSN, RN, CEN  
Bridget Wertz, MSN, RN, CCRN
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.
- Audience:** Registered nurses preparing to take the adult CCRN or PCCN examination.

## **12 Lead EKG Interpretation**

The 12 Lead EKG Interpretation Course is a two-day course designed for the critical care nurse or experienced cardiac/telemetry nurse. The purpose of this course is to provide the nurse with introductory knowledge and skills in the interpretation of electrocardiograms. The classes may be taken separately. Class day one or its equivalent is a prerequisite to day two. This course is comprised of a theoretical component and practical workshop component. Day 1 content covers the principles of 12 Lead EKG interpretation, Acute Coronary Syndromes (ACS), and axis determination. Day 2 is a continuation of ACS, Bundle Branch Blocks and differentiating wide complex tachycardias.

**Dates:** March 7, 8 (Thursday & Friday)

September 12, 13 (Thursday and Friday)

**Time:** 8:00 - 4:30 PM

**Place:** 5 Link Classroom

**Fee:** \$100.00 per day or \$175.00 both days

**Coordinators:** Pamela Pascarelli, MSN, RN-BC , APN-C, CCRN  
Kristina Rioux, MSN, RN , CEN  
Bridget Wertz, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered nurses who have a minimum of 6 months experience reading basic cardiac rhythms.

**Pre-requisites:** Dysrhythmia interpretation course

## **12 Lead EKG – Mini Sessions**

The 12 Lead EKG Mini series is a course designed to provide introductory knowledge and skill in the interpretation of 12 Lead EKGs. It is an alternate version of the traditional 2-day 12 Lead EKG course. The mini series is divided into 3 separate 4 hour sessions.

**Mini Session I:** Content includes foundations of 12 Lead EKG and axis determination

**Mini Session II:** Content includes acute coronary syndromes

**Mini Session III:** Content includes right ventricular and posterior wall MI and bundle branch blocks

**Dates:** Session I - July 25,

Session II – August 1,

Session III – August 8

**Time:** 8am – 12pm

**Place:** 5 Link classroom

**Fee:** not open to outside

**Coordinators:** Pamela Pascarelli, MSN, RN-BC, APN-C, CCRN  
Kristina Rioux, MSN, RN,CEN  
Bridget Wertz, MSN, RN, CCRN

**Contact hours:** 4.0 per session NJSNA

**Audience:** RNs who have had a minimum of 6 months experience reading basic cardiac rhythms

**Pre-requisite:** Dysrhythmia interpretation course

### **Advanced EKG Course: The Beat Goes On**

Content includes a review of advanced cardiac dysrhythmia concepts

**Date:** August 15<sup>th</sup>

**Time:** 8am-12pm

**Place:** 5 Link Classroom

**Fee:** Not open to outside

**Coordinators:** Pamela Pascarelli, MSN, RN-BC, APN-C, CCRN  
Kristina Rioux, MSN, RN,CEN  
Bridget Wertz, MSN, RN, CCRN  
Maureen Daniello, MSN, RN, CCRN

**Contact Hours:** 4.0 per session NJSNA

**Audience:** RNs who have a minimum of 6 months experience reading basic cardiac rhythms

**Pre-requisite:** Dysrhythmia interpretation course

## **Annual Trauma Update**

This one day program is designed as an annual review of the care and management of trauma patients. It is designed for experienced RNs requiring a biannual trauma update. The focus of the course is on skills review and related assessment and documentation.

- Dates:** June 10 (Monday)  
October 16 (Wednesday)
- Time:** 8:00am-4:30pm
- Place:** 5 Link Classroom
- Fee:** Not open to the Public
- Coordinator:** Pamela Pascarelli, MSN, RN-BC, APN-C, CCRN  
Kristina Rioux, MSN, RN, CEN  
Bridget Wertz, MSN, RN, CCRN
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.
- Audience:** ETD nurses requiring biannual trauma update
- Prerequisites:** Trauma Course

## **Therapeutic Hypothermia**

This 4 hour course is designed for the ICU or ETD RN. Content include management of the cardiac arrest patient who is a candidate for therapeutic hypothermia treatment according to HackensackUMC protocol. This course reviews patient management using the Artic Sun machine.

- Dates:** March 11 (Monday)  
July 3 (Wednesday)  
October 2 (Wednesday)
- Time:** 10:00am-2pm
- Place:** 5 Link Classroom
- Fee:** Not open to the Public
- Coordinator:** Pamela Pascarelli, MSN, RN-BC, APN-C, CCRN  
Kristina Rioux, MSN, RN, CEN  
Bridget Wertz, MSN, RN, CCRN
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information
- Audience:** ETD and ICU RN's



### **Advanced Med/Surg Nursing: Patients In Crisis**

The acuity of patients in the acute care setting has increased dramatically in recent years. It is not uncommon for nurses in med-surg to be caring for patients with complex, multisystem health issues. These patients can go into crisis easily and strong assessment skills coupled with knowledge of appropriate intervention can mean the difference between successful outcomes and an emergency.

This comprehensive two-day class addresses all aspects of the management of this patient population. The experienced non-critical care nurse will develop the information base and skills necessary to handle impending crisis with confidence. The faculty will focus on early detection of impending emergencies and complications as well as quick and effective management. Students will solidify their learning through the use of case studies.

**Dates:** Day I – October 28 (Monday)  
Day II – October 29 (Tuesday)

**Time:** 8:00 – 4:30pm

**Place:** 5PE Skills Lab

**Fee:** \$175.00

**Coordinator:** Linda Parry Carney MA, RN- BC

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered nurses who work with adult medical /surgical patients in a variety of settings.

### **Medical Surgical Nursing Review**

This two-day program is designed to provide the Registered Nurse with a review of the theory and skills necessary to deliver comprehensive care to the adult medical/surgical patient and provide a study guide for the certification exam. Professional, legal and ethical issues, endocrine dysfunctions, cardiac, renal, gastrointestinal and respiratory disorders as well as an overview of oncology hematology and immunology disorders will be presented. In addition, a review of test-taking strategies and a practice test will be provided.

**Dates:** Day I –March 25 (Monday) (5PE Skills Lab)  
Day II –March 26 (Tuesday) (5PE Skills Lab)  
Day I – October 14 (Monday) (5 Link Classroom)  
Day II –October 15 (Tuesday) (5 Link Classroom)

**Time:** 8:00 – 4:30

**Place:** Various Rooms

**Fee:** \$175.00

**Coordinator:** Victoria Correale, MSN, RN-BC

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered nurses who work with adult medical /surgical patients in a variety of settings preparing for the Medical Surgical Nursing certification exam.



## Orthopedic Nursing

Orthopedic patients require a complex approach to nursing care because of the variety of problems that can accompany their surgery or injury. The challenge to nurses is to provide knowledgeable and skilled management of the varied patient needs including: hemodynamics, potential complications and pain. Strong assessment skills are necessary to identify an impending crisis and knowledge of appropriate interventions will help prevent a downward spiral.

This comprehensive one day course addresses the complex nursing care required of the orthopedic patient population. Topics to be discussed include joint replacements, orthopedic injuries, laminectomies, targeted physical assessment and medication management. Potential complications that will be covered include fat embolism, compartment syndrome, deep vein thrombosis and more. This course will equip the med-surg nurse and minimally experienced orthopedic nurse with the skills to effectively care for this patient population.

<b>Dates:</b>	To Be Announced
<b>Time:</b>	8: 00 – 4:30PM
<b>Place:</b>	To be Announced
<b>Fee:</b>	\$100.00
<b>Coordinator:</b>	Victoria Correale, MSN, RN-BC
<b>Contact Hours:</b>	Contact Hackensack University Medical Center, Department of Clinical Education 551-996-2173 for information.
<b>Audience:</b>	All registered nurses.



### **ABC's of Diagnostic Tests**

This eight-hour continuing education offering will provide the professional nurse with the necessary tools to prepare patients for diagnostic tests and care for them afterwards. Tests to be included are diagnostic radiology, ultrasound, nuclear medicine, CT Scan, MRI and selected special procedures. Lectures will address nursing implications and post procedure care. Special emphasis will be placed on patient and caregiver safety.

**Dates:** October 15

**Time:** 8:00-4:30 PM

**Place:** To Be Announced

**Fee:** Not open to the Public

**Coordinators:** Patrice Pulford, MSN, RN-BC

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** All registered nurses and clinicians

### **Geriatric Nursing: More Than Managing Delirium and Dementia**

The geriatric patient population presents unique challenges to healthcare providers due to the changes associated with normal aging. Intervening with evidence-based strategies improves outcomes for this patient group. During this two day class the geriatric experts will address the changes of aging and how they impact disease management, medication decision making, nursing care, safety and more.

**Dates:** To Be Announced

**Time:** 8:00-4:30 PM

**Place:** Hekemian Auditorium

**Fee:** \$100.00

**Coordinators:** Linda Parry Carney MA, RN-BC

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered nurses in any setting who work with geriatric patients.

## **New Clinical Manager Orientation Program**

This three day course will provide the new clinical manager with the opportunity to meet with Dianne Aroh CNO and members of the Nurse Executive Team. Information provided will assist the new clinical manager adjust to their new role and responsibilities.

**Dates:** Day 1: To Be Announced  
Day 2: To Be Announced  
Day 3: To Be Announced

**Time:** 8:00am-4:30pm  
**Place:** Various Rooms  
**Fee:** Not open to the Public  
**Coordinator:** Cheryl R. Marchal MSN, RN-BC, NE-BC  
**Contact Hours:** NA  
**Audience:** Newly appointed Managers in a clinical area.

## **Charge Nurse Program**

This one-day program is designed to introduce charge nurse management skills to beginning charge nurses as well as enhance the management skills of existing charge nurses. Content will include: situational leadership, nursing management and supervision process, chain of command, managing the unit, common staffing issues, patient and family issues, case studies utilizing role playing. Other topics include: length of stay, time management, staff assignments, delegation, and budget, supervising ancillary staff, sick calls, lateness, ethical dilemmas and patient safety.

**Dates:** March 26 (Tuesday) (315 Atlantic St)  
June 14 (Friday) (315 Atlantic St)  
October 2 (Wednesday) (315 Atlantic St)

**Time:** 8:00 - 4:30 PM  
**Place:** 315 Atlantic St  
**Fee:** Not open to the Public  
**Coordinators:** Cheryl Marchal MSN, RN-BC, NE-BC  
Robert Vollero MSN, RN- BC  
**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.  
**Audience:** Registered nurses in preparation to be in charge.

### **Preventing and Managing a Code Blue**

The acuity of patients in the hospital today requires the nurse to be able to recognize and intervene quickly when a patient's status changes. Today's nurse must have strong assessment skills coupled with the ability to interpret their findings and act on them rapidly. This education offering is designed to assist nurses in achieving that goal.

This eight hour class will cover common causes for patient decompensation and the associated assessment findings. Code and non-code emergencies will be discussed. Speakers will address common emergencies, life threatening dysrhythmias, medication management and more. Emphasis will be on hands on involvement including a mock code experience.

**Dates:** May 15 (Wednesday)  
September 18 (Wednesday)  
November 20 (Wednesday)

**Place:** 5PE Skills Lab

**Time:** 8:00 - 4:30 PM

**Fee:** Not open to the Public

**Coordinators:** Linda Parry Carney MA, RN-BC

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** RN's working on adult patient units.

### **Can My Documentation Survive Scrutiny?**

This comprehensive one-day program is designed to update the participant regarding legal issues regarding documentation and charting for the future in New Jersey. The program provides the participant with information regarding an overview of documentation, review of long standing documentation requirements, and recent changes in documentation. Other topics included are various legal actions involving documentation issues, anticipated changes for the future, charting by exception, research and requirements in specific settings. In addition, case studies involving documentation and a mock deposition will be reviewed.

**Dates:** April 26 (Friday)

**Time:** 8:00 - 4:30 PM

**Place:** Hekemian Auditorium

**Fee:** Not Open Public

**Coordinator:** Sandra Emmanuel, MA, RN-BC,

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** All registered nurses.

### **DSCs, Core Measures, Quality Indicators. Oh My!!!**

HackensackUMC is proudly certified in numerous specialties. Standards of care must be assured for all patients. This class is designed to assist the nurse in integrating current evidence into practice and meeting the standards in a variety of specialties.

**Dates:** June 20  
August 28  
October 21  
December 18

**Time:** 8:00 – 4:30pm

**Place:** 5 Link Classroom  
**Fee:** Not open to the public

**Coordinator:** Linda Parry Carney MA, RN- BC

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered nurses who work with adult medical /surgical patients in a variety of settings.  
Required for new RNs hired into Medical-Surgical areas

### **Pharmacology...What you need to know for your every day practice**

This one day continuing education offering is designed to provide the registered nurse with a comprehensive review of the most common medications including, thrombolytics, diabetic therapies, cardiac medications, analgesics and pain control and electrolyte replacement. Topics that will be covered include administration guidelines, management of side effects, patient education and how to evaluate the response.

**Dates:** To Be Announced

**Time:** To Be Announced

**Place:** To Be Announced

**Fee:** \$100.00

**Coordinator:** Linda Parry Carney MA, RN- BC

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** All registered nurses.

## **Preceptor Development Workshop**

This one-day program is designed to prepare the staff nurse to facilitate the learning process for newly hired nurses in the clinical setting. Content will include principles of adult learning, assessing learning needs, clinical teaching strategies and evaluative methods. Examples of specific case scenarios and role playing will be presented in order to simulate real life situations and to elicit dialogue between the attendees. This program will allow the nurse to act as a role model for new nurses and will benefit both the experienced and novice preceptors.

- Dates:** January 31 (Thursday) (5 PE Skills Lab)  
April 22 (Monday) (5 Link Classroom)  
September 23 (Monday) (5 Link Classroom)  
December 13 (Friday) (5PE Skills Lab)
- Time:** 8:00 - 4:30 PM
- Place:** Various Rooms
- Fee:** Not open to the Public
- Coordinator:** Victoria Correale, MSN, RN- BC
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.
- Audience:** Nurses newly responsible for orienting nursing personnel, both inpatient and outpatient settings and nurses already functioning as preceptors, who desire to refine and update the skills needed to precept.

## **Presentation Skills**

This course is a basic introductory level program designed for the novice presenter, inexperienced educator, or those who would like to enhance their presentation skills. This course focuses on essential knowledge necessary to prepare a presentation. Topics include adult learning principles, writing objectives, performing an effective literature search, A/V materials, handouts and evaluations, as well as presentation skills.

- Dates:** To Be Announced
- Time:** To Be Announced
- Place:** To Be Announced
- Fee:** \$100
- Coordinator:** Pamela Pascarelli, MSN, RN, BC, APC, C, CCRN,
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information
- Audience:** Clinical and non-clinical personnel who would like to enhance their presentation skills

### **Nursing Management of the Diabetic Patient: Current Trends**

This is a four hour program designed to familiarize the participant with the current trends in nursing management of the adult diabetic patient. This offering provides the participant with information regarding concepts of pathophysiology, types of diabetes, risk factors, medication modalities, basic patient education, and general management of the adult patient with diabetes.

**Dates:** February 14 (Thursday) (5PE Skills Lab)  
June 12 (Wednesday) (5PE Skills Lab)  
October 1 (Tuesday) (5 Link Classroom)

**Time:** 8:00 – 12:00 PM

**Place:** Various Rooms

**Fee:** Not open to the Public

**Coordinator:** Victoria Correale, MSN, RN- BC

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered nurses

### **Advanced Care of the Diabetic Patient: Complications**

This comprehensive 8 hour program is designed to familiarize the participant with the current trends in nursing management of the adult diabetic patient.

This class provides information for the participant regarding more complex specialty needs of the adult diabetic patient. Topics for these presentations will include care of the gestational diabetic, macrovascular disease complications, and medical and nursing management of the adult diabetic patient with cardiac disease. Additional presentations will provide the participant with knowledge of managing complications of diabetes including neuropathy, nephropathy and retinopathy, surgical patient management, use of insulin pump with an overview of continuum of care trends for the adult diabetic patient.

**Dates:** February 26 (Tuesday) (5PE Skills Lab)  
June 27 (Thursday) (5PE Skills Lab)  
October 24 (Thursday) (5PE Skills Lab)

**Time:** 8:00 - 4:30 PM

**Place:** Various Rooms

**Fee:** Not open to the Public

**Coordinator:** Victoria Correale, MSN, RN-BC

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Prerequisite:** Diabetic Patient: Current Trends (Nursing Management)

**Audience:** Registered nurses

## **Diabetes Champion Class**

This comprehensive 8 hour program is designed for the proficient provider to maintain current trends in nursing management of the diabetic patient for your specified unit.

This class provides information for the participant regarding more complex specialty needs of the adult diabetic patient. Topics include insulin treatment and use of an insulin pump, hypoglycemic treatment, clear liquid diets and sick day meal plan, non-compliant patients, patient education with psychosocial challenges and newly diagnosed community resources, and types of glucose meters.

- Dates:** April 23 (Tuesday) (5PE Skills Lab)  
November 1 (Friday) (5PE Skills Lab)
- Time:** 8:00 - 4:30 PM
- Place:** Various Rooms
- Fee:** Not open to the Public
- Coordinator:** Victoria Correale, MSN, RN- BC
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.
- Prerequisite:** Diabetic Patient: Current Trends (Nursing Management of the)  
Advanced Care of Diabetic Patient: Complications
- Audience:** Registered nurses

## **Diabetes Update 2013**

This 4 hour program is designed for the proficient provider to maintain current trends in nursing management of the diabetic patient.

This class provides information for the participant regarding more complex specialty needs of the adult diabetic patient. Topics include renal disease and diabetes, hypoglycemia and hyperglycemia management in the hospital, insulin infusion, and insulin pumps in the hospital.

- Dates:** September 20 (Friday) (5PE Skills Lab)  
October 3 (Thursday) (5PE Skills Lab)
- Time:** 8:00 – 12:00pm
- Place:** To Be Announced
- Fee:** Not open to the Public
- Coordinator:** Victoria Correale, MSN, RN-BC
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.
- Prerequisite:** Has taken a previous HUMC Diabetic Course
- Audience:** Registered nurses



### **Ancillary Stroke Education 2013**

This eight hour program will provide the ancillary staff with the most updated information on Care of the Stroke patient, identifying risk factors, other disease processes and how they increase a person's risk for stroke. Nursing Assistant/ETD Technicians annual competencies are completed during the class.

**Dates:** January 28(Monday) 7:30am-4:00pm  
February 28 (Thursday) 7:30am-4:00pm  
March 15 (Friday) 7:30am-4:00pm  
April 25 (Thursday) 3:00pm-11pm  
May 2 (Thursday) 7:30am-4:00pm  
June 24(Monday) 7:30am-4:00pm  
July 18 (Thursday) 3:00pm-11pm  
August 14 (Wednesday) 7:30a-4:00p  
November 15 (Friday) 7:30a-4:00p

**Time:** Various times  
**Place:** 5 Link Classroom  
**Fee:** Not open to the Public  
**Coordinator:** Patrice Pulford, MSN, RN-BC  
**Contact Hours:** NA  
**Audience:** Nursing Assistants and PCTs

### **Unit Clerk 2013**

This four hour program will update the Unit Clerk on any new paper work, computer technology or regulatory standards that affect their job responsibilities. Their annual competencies will be completed during the class.

<b>Dates:</b>	February 1 (Friday)	11:00am-3:00pm	(Skills Lab)
	March 25 (Monday)	7:00am-11:00am	(315 Atlantic St)
	June 25 (Tuesday)	3:00pm-7:00pm	(Skills Lab)
	July 5 (Friday)	11:00am-3:00pm	(Skills Lab)
	August 16 (Friday)	7:00am-11:00am	(Skills Lab)
	October 3 (Thursday)	3:00pm-7:00pm	(Skills Lab))

**Place:** Various Rooms  
**Fee:** Not open to the Public  
**Coordinator:** Cheryl Marchal, MSN, RN-BC, NE-BC  
**Contact Hours:** NA  
**Audience:** In-Patient Unit Clerks

## **Stroke: The Essentials**

This program is required for RNs working at HUMC who require annual education on stroke and neurovascular disease as well as any RN who cares for the stroke patient. This program is required for all new RNs hired onto designated units or in-house transfers working on the designated units.

<b>Dates</b>	<b>Time</b>	<b>Location</b>
<b>2012-2013 Stroke Education Year</b>		
February 6	12:30-4:30pm	5 Link
March 28	12:30-4:30pm	5 Link
June 5	12:30-4:30pm	5 Link
September 4	12:30-4:30pm	5 Link
<b>2013-2014 Stroke Education Year</b>		
November 6	12:30-4:30pm	5 Link

**Fee:** Not open to the Public

**Coordinators:** Linda Parry Carney, MA, RN- BC  
Pamela Pascarelli, MSN, RN, BC, APN, C, CCRN,

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** RNs working on nursing units who require 4 or 8 hours of stroke education annually as well as any RN caring for the stroke patient.

## 2013 Annual Stroke Update-RN

This program is designed for RNs working at HUMC who require annual education on stroke and neurovascular disease as well as any RN who cares for the stroke patient. This program is intended for RNs who have taken Stroke: The Essentials.

<b>Dates</b>	<b>Time</b>	<b>Location</b>
<b>2012-2013 Stroke Education Year</b>		
January 25	8:00 am - 12:30 pm	5 Link
February 25	12 pm - 4:30 pm	5 Link
March 12	8:00am - 12:30pm	5 Link
April 19	12 pm - 4:30 pm	5 Link
May 14	8:00 am – 12:30pm	5 Link
June 6	12 pm - 4:30 pm	5 Link
July 24	8:00 am - 12:30 pm	5 Link
August 22	12 pm - 4:30 pm	5 Link
<b>2013-2014 Stroke Education Year</b>		
September 26	8:00 am - 12:30 pm	5 Link
October 10	12 pm - 4:30 pm	5 Link
November 18	8:00 am - 12:30 pm	5 Link
December 10	12 pm - 4:30 pm	5 Link

**Fee:** Not open to the Public

**Coordinator:** Linda Parry Carney, MA, RN-BC  
Pamela Pascarelli, MSN, RN, BC, APN, C, CCRN,

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** RNs working on nursing units who require 4 to 8 hours of stroke education annually as well as any RN caring for the stroke patient.

**Prerequisites:** Stroke: The Essentials



**AWHONN Fetal Heart Monitoring Principles and Practices: Intermediate**

FHMPP is a two-day workshop focusing on the application of essential fetal heart monitoring knowledge and skills in intrapartum and antepartum practice. The didactic session is an analysis of case scenarios requiring synthesis of key principles pertinent to the physiologic basis of fetal heart monitoring technology, tracing interpretation, nursing interventions, and verbal and written communication skills. The skill sessions focus on demonstration, practice, testing of skills of auscultation, placement of an intrauterine pressure catheter and spiral electrode, interpretation of tracings, identification of indicated nursing interventions, and communication and documentation. Successful completion of written examinations and performance of skills evaluations are requirements for completing the program and earning continuing education credit. AWHONN offers 18.0 CEN credits for course completion.

**Dates:** Day I May 28 (Tuesday)  
Day II May 29 (Wednesday)

Day I July 24 (Wednesday)  
Day II July 25(Thursday)

Day I December 11 (Wednesday)  
Day II December 12 (Thursday)

**Time:** 8:00am-4:30pm

**Place:** 315 Atlantic St

**Fee:** \$250.00 for Gateway Consortium Members/ \$275.00 for Non Consortium Members  
\*Fee must be received prior to study materials being distributed “Fetal Heart Rate Monitoring: (4<sup>th</sup> ed.)Principles & Practices” AWHONN Chapter 1-11

**Coordinator:** Margaret Campbell-Lupardo, MSN, RN, BC, CNM,

**Contact Hours:** Department of Clinical Education 551-996-2173 for information.

**Audience:** RNs, APNs and midwives working in labor and delivery areas. Pre-requisite participants need a minimum of 6 months labor and delivery or High Risk Antepartum experience.

## **AWHONN Advanced Fetal Monitoring**

This one-day Advanced Fetal Monitoring Course expands on the knowledge and principles that were presented in the Intermediate Course and covers more complex concepts. This course uses a case study approach focusing on the analysis of complicated FHM patterns and characteristics with related care information and includes a written test at the conclusion of the day. Successful completion of a written examination is required for the completion of the course. While attendance at the Intermediate Course is not a pre-requisite, AWHONN strongly recommends this course prior to the Advanced Course. A total of 1 year experience is strongly recommended.

AWHONN: Continuing Education is Nursing (CEN) credits 8.0 after course completion

**Dates:** April 26 (Friday)  
June 27 (Thursday)  
December 17 (Tuesday)

**Time:** 8:00am-4:30pm  
**Place:** 315 Atlantic Street

**Fee:** \$150.00 for Gateway Consortium Members/ \$175.00 for Non Consortium Members  
\*Fee must be received prior to study materials being distributed "Fetal Heart Rate Monitoring: Principles & Practices" (4<sup>th</sup> Ed.) AWHONN Chapter 11-13

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Coordinator:** Margaret Campbell-Lupardo, MSN, RN, BC, CNM

**Audience:** Any individual practicing in OB who has already completed the AWHONN Intermediate Fetal monitoring course.

## **AWHONN FHRMPP Instructor Course**

This class prepares you to teach the intermediate course. Participants will discuss the instructor role and responsibilities, administrative procedures, and consent development. This 1-day course focuses on the principles of adult learning and the application of same to the intermediate course. Each participant is required to present an assigned segment of intermediate course during the day. And will be required to present a portion of the intermediate class with Instructor Trainer (IT) at a later date. Once validation is successfully completed with IT, AWHONN provides 8.0 CEN credits for the course.

**Dates:** June 21 (Friday)  
September 30 (Monday)

**Time:** 8:00am-4:30pm  
**Place:** 315 Atlantic Street

**Fee:** \$175.00  
Candidates for this class are required to purchase and bring to class the AWHONN FHRMPP Instructor Manual. This can be purchased through AWHONN on their website: [www.AWHONN.org](http://www.AWHONN.org)

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Coordinator:** Margaret Campbell-Lupardo, MSN, RN, BC, CNM

**Audience:** Individual who wish to teach the in AWHONN-FHRMPP Course. Once this class is completed, candidates must maintain AWHONN membership and teach at least 2 courses in 2 years.

### **Basic Electronic Fetal Monitoring**

This is a basic course in EFM interpretation and will provide the participant with a basic introduction to the management of the family experiencing electronic fetal monitoring. The nurse will be introduced to instrumentation, interpretation based on maternal and fetal physiology, and strip review. Antenatal testing indications and procedures are reviewed, along with common pharmacological agents used in the intrapartum and antepartum setting.

**Dates:** June 5 (Wednesday) Women's and Children's GO-14  
September 16 (Monday) (315 Atlantic St)  
November 6 (Tuesday) Women's and Children's GO-14

**Time:** 8:00 – 4:30 pm

**Place:** Various Rooms

**Fee:** \$100.00

**Coordinator:** Margaret Campbell-Lupardo, MSN, RN, BC, CNM

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** New nurse working in Labor & Delivery, and Antepartum who are required to evaluate/interpret fetal monitoring.

**Pre-requisite:** Experience in AP and L&D

### **Assessment and Management of the Antepartum Patient**

This one day class is designed specifically for RNs who provide care to high risk pregnant women. This class consists of informative lectures and case studies. The focus of the class is to improve assessment techniques which will lead to better interventions and patient outcomes in clinical practice. Topics include a review of pregnancy and physical examination techniques, laboratory analysis, antenatal testing and common pregnancy complications.

**Dates:** July 22 (Monday)  
October 21 (Monday)  
December 9 (Monday)

**Time:** 8:00am-4:30pm

**Place:** Women's and Children's room GO-14

**Fee:** \$175.00

**Coordinator:** Margaret Campbell-Lupardo, MSN, RN, BC, CNM

**Contact:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** RNs, APNs and midwives working in labor and delivery areas. Pre-requisite participants need a minimum of 6 months labor and delivery or High Risk Antepartum experience.

### **Certification Review: Maternal Newborn Nursing**

This course is designed as a review of the care of the maternity patient and her newly born infant, in preparation to take the NCC examination. Areas covered are those determined by the exam blueprint. A review of the following topics will be covered: Pregnancy, Antepartum complications, brief overview of Intrapartum issues and complications, newborn assessment and common genetic and newborn issues, and post delivery care. Professional caring, ethical practice and legal issues will be reviewed. The course has been designed utilizing a lecture, question and answer format. In addition, a review of test-taking strategies and a practice test will be provided.

**Dates:** August 7 (Wednesday)

**Time:** 8:00 – 4:30pm

**Place:** Women and Children's Building Room GO-14

**Fee:** \$100.00 (Class size is limited)

**Coordinator:** Margaret Campbell-Lupardo, MSN, RN, BC, CNM

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** This class is open to anyone who will be taking the NCC certification exam in this specialty.

### **Certification Review: In-Patient OB**

This program is designed to provide the Registered Nurse with a review of the theory and skills necessary to deliver comprehensive care to the Intrapartum patient. It provides a study guide for the certification exam offered by NCC. Professional, legal and ethical issues, endocrine dysfunctions, cardiac, renal, gastrointestinal and respiratory disorders as they relate to pregnancy will be discussed. In addition, a review of test-taking strategies and a practice test will be provided

- Dates:** July 10 (Wednesday)
- Time:** 8:00 – 4:30pm
- Place:** 5 Link Classroom
- Fee:** \$100.00 (Class size is limited)
- Coordinator:** Margaret Campbell-Lupardo, MSN, RN, BC, CNM
- Contact Hours:** Contact Hackensack University Medical Center, Department of Clinical Education 551-996-2173 for information.
- Audience:** This class is open to anyone who will be taking the NCC certification exam in this specialty.

### **Certification Review: EFM**

This class is designed to assist the student in preparing for the NCC examination for additional competency certification in fetal monitoring. We will review both Antepartum and Intrapartum monitor strips, determine the pattern and identify appropriate goals and nursing interventions to alleviate the issues. In addition, a review of test-taking strategies and a practice test will be provided. This class is open to all individuals who will be taking the NCC examination.

- Dates:** August 14 (Wednesday)
- Time:** 8:00 – 12:00pm
- Place:** Women and Children’s Building Room GO-14
- Fee:** \$50.00 (Class size is limited)
- Coordinator:** Margaret Campbell-Lupardo, MSN, RN, BC, CNM
- Contact Hours:** Contact Hackensack University Medical Center, Department of Clinical Education 551-996-2173 for information.
- Audience:** This class is open to all individuals who will be taking the NCC examination.



### **Breastfeeding: Strategies for Successful Lactation and Postpartum Assessment**

**Breastfeeding:** Strategies for Successful Lactation is an introduction to the physiologic and pathophysiologic processes associated with lactation with emphasis on clinical application. The program includes information on global perspectives on breastfeeding, anatomy and physiology, practices that promote initiation of lactation, expressing and storage of breast-milk, early problem management related to mother and infant difficulties, and special circumstances related to the needs of the mother and infant.

**Postpartum:** This is designed specifically for health care professionals who provide care to postpartum women. The focus of this course is to improve assessment techniques, which will lead to better patient outcomes and to utilize the current evidence based practice guideline in caring for these patients.

**Dates:** May 14 (Tuesday)  
September 24 (Tuesday)  
November 20 (Wednesday)

**Time:** 8:00am-4:30pm

**Place:** Women and Children's Building Room GO-14

**Fee:** \$100.00

**Coordinator:** Margaret Campbell-Lupardo, MSN, RN, BC, CNM

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered nurses and APNs working with breastfeeding families.

### **Neonatal Resuscitation Program (NRP)**

This initial program will provide the participant with the advanced skills necessary to assist with or manage the care of the compromised neonate post delivery. The course has been developed by the American Heart Association and American Academy of Pediatrics to assure adequately trained staff will be available to care for infants post delivery.

**Dates:** June 25 (Tuesday)  
September 19 (Thursday)  
December 10 (Tuesday)

**Time:** 8:00am-4:30pm

**Place:** Women and Children's Building Room GO-14

**Fee:** **Initial Review:**  
\$80.00

*-Class size is limited and HUMC employees have preference.  
 Fee must be received prior to distribution of study materials NRP 6<sup>th</sup> ed.*

**Coordinators:** Sharyn Cerreta, RN, C, Margaret Campbell-Lupardo, MSN, RN, BC, CNM & Marybeth Stains, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
 Department of Clinical Education 551-996-2173 for information.

**Audience:** Beginning and advanced L&D, NICU, and well baby nurses. The course is also appropriate for ETD nurses and respiratory therapists practicing in the ETD and NICU.

**Neonatal Resuscitation Program (NRP) Skills Validation**

The Course will provide participants with the ability to validate knowledge and skills. Participants must show validation of passing the on-line examination prior to class attendance

<b>Date</b>		<b>Time</b>	<b>Date</b>		<b>Time</b>
May	1	3-7p	September	11	7p-11p
	15	7p-11p		25	7p-11p
June	4	3p-7p	October	2	3p-7p
	13	7p-11p		16	3p-7p
	20	3p-7p		23	7p-11p
July	9	3p-7p	November	5	3p-7p
	16	3p-7p		12	7p-11p
	30	3p-7p	December	3	3p-7p
August	8	7p-11p		19	7p-11p
	13	3p-7p			

**Place:** Women’s & Children’s Room 4E-52

**Fee:** **Skills Validation**  
 \$80.00  
*\*Class size is limited and HUMC employees have preference.  
 Fee must be received prior to distribution of study materials NRP 6<sup>th</sup> ed.*

**Coordinators:** Sharyn Cerreta, RN, C, Margaret Campbell-Lupardo, MSN, RN, BC, CNM & Marybeth Stains, MSN, RN, CCRN

**Contact:** Department of Clinical Education 551-996-2173 for information.

**Audience:** Beginning and advanced practice L&D, NICU, and Well Baby nurses & physicians. The course is also appropriate for ETD nurses and respiratory therapists practicing in the ETD and NICU.

### **Certification Review: Neonatal Intensive Care**

This course is designed as a review of the care of the high-risk newborn, in preparation to take the NCC or CCRN examination. A review of the following topics will be covered: Newborn assessment, genetics, pulmonary, cardiac, hematologic and neurologic disorders. Professional caring, ethical practice and legal issues will be reviewed. The course has been designed utilizing a lecture, question and answer format. In addition, a review of test-taking strategies and a practice test will be provided.

**Dates:** September 26 (Thursday)

**Time:** 8:00 – 4:30pm

**Place:** Women and Children’s Building Room GO-14

**Fee:** Open to Partnership hospitals only

**Coordinator:** Marybeth Staines, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** This class is open to anyone who will be taking the NCC or CCRN certification exam in this specialty

### **Strategies for Breastfeeding in the Neonatal Intensive Care Unit**

Strategies for Breastfeeding will assist the NICU nurse in supporting, protecting, and promoting breastfeeding for optimal infant growth and development in the preterm or high risk infant. The program includes information on global perspectives on breastfeeding, anatomy and physiology, practices that promote initiation of lactation, expressing and storage of breast-milk, and problem management related to mother and infant difficulties, and special circumstances related to the needs of the preterm or high risk infants and mother.

**Dates:** TBA

**Time:** 8:00am-4:30pm

**Place:** Women and Children’s Building Room GO-14

**Fee:** Open to Partnership hospitals only

**Coordinator:** Marybeth Staines, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered nurses working in the NICU with breastfeeding families

## **Newborn Assessment: BASICS**

Day 1 of the Neonatal Critical Care course is an introduction to neonatal assessment for nurses in Labor and Delivery, Mother/Baby and the NICU. This course provides information on physiologic and pathophysiologic processes with emphasis on clinical application. Course topics are organized around newborn assessment in regard to assessing maternal risk factors prior to birth, physical assessment of the neonate, glucose management, and thermoregulation of the healthy and critical newborn

The format of the course includes theoretical content in a lecture/discussion format supported with audiovisuals, demonstration of skills and clinical scenarios as appropriate.

- Dates:** June 11 (Tuesday)  
October 8 (Tuesday)  
November 14 (Thursday)
- Time:** 8:00 - 4:30 PM
- Place:** Women and Children's Building room GO-14
- Fee:** \$150.00
- Coordinator:** Margaret Campbell-Lupardo, MSN, RN, BC, CNM,
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.
- Audience:** All nurses who provide care to newly born infants in all in-patient and outpatient settings.

## **Neonatal Critical Care Course: Intermediate and Advanced**

The Neonatal Critical Care course is a course that focuses on pathophysiology and developmental supportive care of the high risk neonate. This course should be taken with Basic Newborn Assessment.

The neonatal Critical Care Course provides information on physiologic and pathophysiologic processes with emphasis on clinical application. Course topics are organized around newborn assessment, assessment and management strategies for various organ systems and psychosocial and behavioral needs of the infant and family. Content includes: skin care, fluid & electrolytes, cardiac disease, respiratory management, neonatal nutrition, developmental care, pharmacology, genetics, infectious disease, pain & palliative care, ethical dilemmas, and legal issues.

The format of the course includes theoretical content in a lecture/discussion format supported with audiovisuals, demonstration of skills and clinical scenarios as appropriate.

- Dates:** Day 1: October 8 (Tuesday) Newborn Assessment: Basic  
Day 2: October 10 (Thursday) Foundations of Neonatal Care  
Day 3: October 16 (Wednesday) Growth and Development  
Day 4: October 17 (Thursday) Advanced Respiratory Assessment  
Day 5: October 22 (Tuesday) Management of Newborns with Complex issues  
Day 6: October 24 (Thursday) Professional Practice
- Time:** 8:00 - 4:30 PM
- Place:** Women and Children Building Room GO-14
- Fee:** \$325.00
- Coordinator:** Mary Beth Staines, MSN, RN, CCRN
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Nursing Education 551-996-2173 for information
- Audience:** All nurses who provide care to this neonatal population in all in-patient and outpatient settings should attend.

## Women & Children Mandatory Education 2013

<b>Dates</b>		<b>Time</b>	<b>Place</b>
May	3	8-12p	Hekemian Aud
	16	11a-3p	4E-52
	23	3p-7p	4E-52
	23	7p-11p	4E-52
June	6	3p-7p	4E-52
	6	7p-11p	4E-52
	10	8-12p	Hekemian 1
	12	11a-3p	4E-52
July	2	8a-12p	Hekemian Aud.
	18	3p-7p	4E-52
	18	7p-11p	4E-52
August	1	3p-7p	4E-52
	1	7p-11p	4E-52
	6	8a-12p	GO-14
September	10	8a-12p	GO-14
	<b>12-13</b>	<b>11p-3a</b>	Hekemian Aud.
	17	3p-7p	4E-52
	17	7p-11p	4E-52
October	9	3p-7p	4E-52
	9	7p-11p	4E-52
	14	3p-7p	Hekemian 1
	15	8a-12p	Hekemian 2

**Fee:** Not open to the Public.

**Location:** Various room locations (Please call the Department of Clinical Education 551-996-2173)

**Note:** Please watch your CPR dates and schedule yourself early.



### **Adult Oncology Nursing Program Day I**

This offering is designed to provide the RN with an overview of nursing care for the adult oncology patient. Relevant topics include pathogenesis, oncology treatment modality, chemotherapy, immunotherapy, pharmacologic interventions, psychosocial care and pain and palliative care management.

- Dates:** January 18 (Friday)  
May 3 (Friday)  
August 16 (Friday)
- Time:** 8:00 - 4:30 PM
- Place:** Various Rooms
- Fee:** \$100.00 (Discounted price of \$175.00 if registering for Adult Oncology Nursing Program: Day II)
- Coordinator:** Kimberly Rivera, MSN, RN, BC, OCN
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.
- Audience:** Both experienced as well as inexperienced RNs who care for adult oncology patients and their families in a variety of settings.

### **Adult Oncology Nursing Program Day II**

Adult Oncology Nursing Program: Day II is a continuing education offering designed to present information which is of benefit to both experienced as well as inexperienced nurses who care for adult patients with cancer. Relevant topics include an overview of clinical cancer research, management of oncologic emergencies, review of disease specific cancers such as lung, gastrointestinal, ovarian, and breast and the related nursing considerations.

- Dates:** February 1 (Friday)  
June 14 (Friday)  
September 20 (Friday)
- Time:** 8:00 - 4:30 PM
- Place:** Various Rooms
- Fee:** \$100.00 (Discounted price of \$175.00 if registering for Adult Oncology Nursing Program: Day I  
\$250.00 if registered for all 3 days)
- Coordinator:** Kimberly Rivera, MSN, RN, BC, OCN
- Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.
- Audience:** Both experienced as well as inexperienced RNs who care for adult oncology patients and their families in a variety of settings.

### **Adult Oncology Nursing Program Day III**

Adult Oncology Nursing program: Day III is a continuing education offering designed to present information which is of benefit to both experienced as well as inexperienced nurses who care for adult patients with cancer. Relevant topics include understanding hospice and hematopoiesis, and a review of disease specific cancers such as myelodysplastic syndrome (MDS), leukemia, lymphoma and multiple myeloma and the related nursing considerations.

- Dates:** February 22 (Friday)  
May 17 (Friday)  
October 4 (Friday)
- Time:** 8:00 - 4:30 PM
- Place:** Various Rooms
- Fee:** \$100.00 (Discounted price of \$175.00 if registering for Adult Oncology Nursing Program: Day I \$250.00 if registered for all 3 days)
- Coordinator:** Kimberly Rivera, MSN, RN, BC, OCN
- Contact Hours:** Contact Hackensack University Medical Center, Department of Clinical Education 551-996-2173 for information.
- Audience:** Both experienced as well as inexperienced RNs who care for adult oncology patients and their families in a variety of settings.

### **ONS Cancer Chemotherapy and Biotherapy Course**

The Oncology Nursing Society's (ONS) Chemotherapy and Biotherapy Course provides a comprehensive review of the knowledge needed to administer cytotoxic and biotherapeutic agents.

Upon successful completion of the course and post-test, participants will receive an ONS Chemotherapy and Biotherapy Provider Card. This card validates the participant has the theoretical foundation needed to administer cytotoxic and biotherapeutic agents. The card is valid for two years.

- Dates:** January 31 & February 1  
September 12 & 13  
December 6 & 13
- Time:** 8:00 - 4:30 PM
- Place:** Cancer Center Conference Room
- Fee:** \$ 375, fee includes ONS chemotherapy and Biotherapy Guidelines book (Free for HackensackUMC Nurses)
- Coordinator:** Ann Marie Wisniewski, MSN, RN, AOCN
- Contact Hours:** Contact Hackensack University Medical Center, Department of Clinical Education 551-996-2173 for information.
- Audience:** Licensed Registered Nurses who have been employed as such for a minimum of six months and are interested in learning the basics of cancer chemo-therapy and its administration. This is not a competency or certification course. The individuals' employer or institution should determine clinical competency.



### **Stem Cell Transplant Nursing Program: Day I**

Stem Cell Transplant Nursing Program: Day I is designed to concentrate on the scientific principles of stem cell harvesting and transplantation utilized in the management and care of the adult patient undergoing these procedures. Relevant topics include history of transplantation, criteria for transplant donor procurement and preparation, sources of stem cells, pharmacotherapy used in transplantation and nursing management of patients pre-transplantation.

**Dates:** March 1 (Friday)  
June 28 (Friday)  
October 18 (Friday)

**Time:** 8:00 - 4:30 PM

**Place:** Various Rooms

**Fee:** \$100.00 (Discounted price of \$175.00 if also registering for Stem Cell Transplant: Day 2)

**Coordinator:** Kimberly Rivera, MSN, RN, BC, OCN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered professional nurses who care for adult patients undergoing stem cell transplantation.

### **Stem Cell Transplant Nursing Program: Day II**

Stem Cell Transplant Nursing Program Day II is designed to concentrate on the scientific principles of stem cell harvesting and transplantation utilized in the management and care of the adult oncology patient undergoing these procedures. Relevant issues include blood transfusion, acute and chronic graft versus host disease, and nursing management of acute and chronic post-transplant complications, total body irradiation and psychosocial issues facing adult stem cell transplant patients. **Stem Cell Transplant Nursing Program Day I is a prerequisite for this class.**

**Dates:** March 22 (Friday) (315 Atlantic St)  
August 2 (Friday)  
November 15 (Friday)

**Time:** 8:00 - 4:30 PM

**Place:** Various Rooms

**Fee:** \$100.00 (Discounted price of \$175.00 if also registering for Stem Cell Transplant: Day 1)

**Coordinator:** Kimberly Rivera, MSN, RN, BC, OCN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered professional nurses who care for adult patients undergoing Stem Cell Transplantation, It is suggested that participants take Stem Cell Transplant Nursing Program: Day I as a prerequisite.



### **Pediatric Diabetes: Teaching the Survival Skills**

This half day course is designed to provide the staff nurse with the tools necessary to teach the newly diagnosed Type 1 diabetic survival skills. The RN will be given an overview of type 1 diabetes, information on medication management and carbohydrate counting. Nursing management to prepare the RN for instructing the families on hyperglycemia, hypoglycemia, sick day management and what to do for diabetic emergencies will be discuss.

**Dates:** March 21 (Thursday)  
October 3 (Thursday) (GO-14)

**Time:** 8:00 - 12:30 PM

**Place:** Various Rooms

**Fee:** \$50.00

**Coordinator:** Virginia Flynn, RN, MSN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Nurses who provide care to children with type one diabetes in any setting.

### **Pediatric Oncology/Hematology Program**

This two day program is designed to provide the RN with a basic overview of Pediatric Oncology/Hematology. Relevant topics include nursing assessment in pediatric hematology/oncology patients, treatment modalities, oncology emergencies, treatment side effects and end of life care. A review of the nursing care of children and adolescents with sickle cell anemia, thalassemia, and other pediatric hematologic conditions. Disease specific cancers include Leukemia, Lymphomas, Hodgkins and Brian Tumors.

**Dates:** October 2 & 9 (Wednesday)

**Time:** 8:00 - 4:30 PM

**Place:** Women and Children's Building GO-14

**Fee:** \$175.00

**Coordinator:** Virginia Flynn, RN, MSN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered Nurses caring for pediatric oncology patients and their families in a variety of settings.

## **Newborn Assessment Basics**

Day 1 of the Neonatal Critical Care course is an introduction to neonatal assessment for nurses in Labor and Delivery, Mother/Baby and the NICU. This course provides information on physiologic and pathophysiologic processes with emphasis on clinical application. Course topics are organized around newborn assessment in regard to assessing maternal risk factors prior to birth, physical assessment of the neonate, glucose management, and thermoregulation of the healthy and critical newborn

The format of the course includes theoretical content in a lecture/discussion format supported with audiovisuals, demonstration of skills and clinical scenarios as appropriate.

The format of the course includes theoretical content in a lecture/discussion format supported with audiovisuals, demonstration of skills and clinical scenarios as appropriate.

**Dates:**

June 11 (Tuesday)  
October 8 (Tuesday)  
November 11 (Thursday)

**Time:** 8:00 - 4:30 PM

**Place:** Women and Children's Building room GO-14

**Fee:** \$150.00

**Coordinator:** Margaret Campbell-Lupardo, RN, BC, CNM, MSN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** All nurses who provide care to newly born infants in all in-patient and outpatient settings

## **Neonatal Critical Care Course: Intermediate and Advanced**

The Neonatal Critical Care course is a 6-day course, which emphasizes NICU care at different levels of practice. Day I: Neonatal Assessment & Day II: Foundations of Neonatal Care provides an introduction to neonatal nursing practice (see separate course descriptions). Course days 3-6 is designed for the intermediate nurse with at least 3-6 months NICU experience.

Days 2-6 provide information on physiologic and pathophysiologic processes with emphasis on clinical application. Course topics are organized around newborn assessment, assessment and management strategies for various organ systems and psychosocial and behavioral needs of the infant and family. Content includes: Fluid & Electrolytes, Pharmacology, Breastfeeding, Apnea, BPD, Legal issues, Respiratory issues, Neurological disorders, NEC, Sepsis, Cardiac Disease, Genetics, Surgery, & Developmental Supportive Care.

The format of the course includes theoretical content in a lecture/discussion format supported with audiovisuals, demonstration of skills and clinical scenarios as appropriate.

**Dates:** Day 1: October 8 (Tuesday) Newborn Assessment: Basic  
Day 2: October 10 (Thursday) Foundations of Neonatal Care  
Day 3: October 16 (Wednesday) Growth and Development  
Day 4: October 17 (Thursday) Advanced Respiratory Assessment  
Day 5: October 22 (Tuesday) Management of Newborns with Complex issues  
Day 6: October 24 (Thursday) Professional Practice

**Time:** 8:00 - 4:30 PM

**Place:** Women and Children Building Room GO-14

**Fee:** \$325.00

**Coordinator:** Mary Beth Staines, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Nursing Education 201-996-2173 for information

**Audience:** All nurses who provide care to this neonatal population in all in-patient and outpatient settings should attend.

## **Pediatric Critical Care Course**

This is a six day introduction to the theory and practice of pediatric critical care nursing. The course consists of 3 components: Pediatric Dysrhythmia, Introduction to Pediatric Critical Care and Pediatric Trauma. The full six day course is offered only once a year. The participant may take the entire course or just specific components based on learning needs.

### **Pediatric Dysrhythmia**

This is a two day dysrhythmia course developed with a pediatric focus. The course is divided into theoretical and practical sections to allow for practice of new knowledge. Day one focuses on cardiac monitoring, age specific differences, sinus rhythms, premature beats, bradycardia, tachycardia and collapsed rhythms. Day Two consists of a review of conscious sedation, congenital cardiac anomalies and a written exam.

**Dates:** Day 1: September 26 (Thursday)  
Day 2: September 27 (Friday)

**Time:** 8:00am:-4:30pm

**Place:** Nursing Education Building, 315 Atlantic Street 1<sup>st</sup> Floor

**Fee:** \$125.00

**Coordinator:** Virginia Flynn, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** This dysrhythmia course in conjunction with PALS prepares pediatric RNs working on the general pediatric units for care of patients requiring conscious sedation. The course also serves as an introduction to dysrhythmia interpretation for pediatric nurses in the ICU, recovery room, and emergency room.

## **Introduction to Pediatric Critical Care**

This is a three and ½ day course designed as an introduction to the assessment and management of the critically ill pediatric patient. This course incorporates the theoretical and practical skills of airway management, arterial blood gas analysis, ventilator management, and chest tube management. Topics include ARDS, toxicology, shock and DKA. Neurological and Hemodynamic assessment and management will include topics on the care of the post craniotomy patient with intracranial pressure monitoring as well hemodynamic monitoring and medication management. The course includes skills stations, a mock code and case studies. End of Life issues in the critically ill child will also be discussed.

**Dates:** Day 1: October 28 (Monday)  
Day 2: October 29 (Tuesday)  
Day 3: October 30 (Wednesday)  
Day 4: October 31-half day (Thursday)

**Time:** 800am:-4:30pm

**Place:** Various room location (please call Department of Nursing Education 551-996-2173)

**Fee:** \$175.00

**Coordinator:** Virginia Flynn, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** This course will provide an introduction to critical care concepts for nurses who are new to critical care, being cross-trained for PICU, new to the pediatric emergency room or as a review for an experienced nurse.

## **Pediatric Trauma**

This is a one-day course designed to prepare the nurse to identify mechanisms of injury and related developmental factors. The participants will utilize the primary and secondary survey when performing an assessment for the pediatric trauma patient. Topics covered include management of head, spinal cord, chest and abdominal trauma, burns and near drowning.

- Dates:** November 7 (Thursday)
- Time:** 800am:-4:30pm
- Place:** Women and Children Building GO-14
- Fee:** \$100.00
- Coordinator:** Virginia Flynn, MSN, RN, CCRN
- Contact Hours:** Contact Hackensack University Medical Center, Department of Clinical Education 551-996-2173 for information.
- Audience:** Nurses who are new to critical care, being cross-trained for PICU, or new to the pediatric emergency room.

## **Pediatric Nursing Assessment**

This two day offering is designed to provide/enhance the basic physical assessment skills of registered nurses who care for pediatric patients in a variety of settings. A systematic approach to health assessment will enable the nurse to develop competence in performing a comprehensive nursing assessment, while utilizing practical clinical skills of inspection, palpation, percussion, and auscultation of major body systems. Common diseases affecting each system will be discussed. Growth and development & lab analysis will also be discussed. Instruction includes lecture, demonstrations, skills labs, and case studies. All nurses who care for pediatric patients in the inpatient and outpatient areas will benefit from this program.

- Dates:** **Day I** September 23 (Monday)  
**Day II** September 24(Tuesday)
- Time:** 8:00 - 4:30 PM
- Place:** Nursing Education Building, 315 Atlantic Street 1<sup>st</sup> Floor
- Fee:** \$125.00
- Coordinator:** Virginia Flynn, MSN, RN, CCRN
- Contact Hours:** Contact Hackensack University Medical Center, Department of Clinical Education 551-996-2173 for information.
- Audience:** Nurses who care for pediatric patients in a variety of clinical settings.

## **APON Chemotherapy and Biotherapy Course for Pediatric Nurses**

This two day program provides a standardized chemotherapy and biotherapy course to nurses in order to promote basic education and training for cytotoxic and biotherapeutic agent administration. It concentrates on the science of cancer chemotherapy and policies/procedures for safe IV administration. Application on the nursing process in the management and care of the pediatric patient receiving antineoplastic agents is emphasized. After successfully completing the course and a post-test you will receive a personalized APON Chemotherapy and Biotherapy Provider Card.

**Dates:** February 21 (Thursday)  
February 28 (Thursday)

**Time:** 8:00 - 4:30 PM

**Place:** Women's and Children's Building (GO-14)

**Fee:** \$200

**Coordinator:** Virginia Flynn, MSN, RN, CCRN

**Contact Hours:** Provided through APON

**Audience:** Experienced RNs who care for pediatric oncology patients in either the outpatient oncology clinic or in-patient pediatric units.

## **Foundations of Pediatric Blood and Marrow Transplant**

This 2-day course provides an overview of nursing issues involved in caring for children and adolescents undergoing blood and marrow transplantation (BMT). A comprehensive review of the BMT process is presented. Topics to be covered include the fundamental principles of blood and marrow transplantation, HLA typing and patient evaluation. The course covers the treatment needed to prepare the patient for transplantation as well as the process of infusion of hematopoietic progenitor cells. Nursing assessment along with complications is discussed in great detail with emphasis on graft vs. host disease and long term effects of transplantation. Psychosocial issues that are seen with transplantation families are reviewed. Case studies are included to provide clinical scenarios to enhance the learning process.

**Dates:** TBA

**Time:** 8:00 - 4:30 PM

**Place:** Women and Children's Building

**Fee:** \$175

**Coordinator:** Virginia Flynn, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center, Department of Nursing Education 551-996-2173 for information

**Audience:** Experienced RNs who care for pediatric oncology patients in either the outpatient oncology clinic or in-patient pediatric units.

## **Epilepsy: Current Trends in Patient Management**

This half-day course is designed to familiarize the participant with the current trends in management of the patient with seizures. It provides the participant with information regarding type of seizures, monitoring and medications and nursing care. The surgical options available to patients will be reviewed as well as the surgical nursing care and psycho-social considerations. Instructions include lecture, discussion and case studies. Any nurse who cares for either an adult or pediatric patient seeking diagnosis or management of seizure a disorder will benefit from this program.

**Dates:** October 4 (Friday)  
**Time:** 8:00 am -12:30 pm  
**Place:** 315 Atlantic St  
**Fee:** \$50  
**Coordinator:** Virginia Flynn, MSN, RN, CCRN  
**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 201-996-2173 for information.  
**Audience:** RN's who care for either Adult or Pediatric patients with epilepsy.

## **Pediatric End of Life Conference**

This one-day multidiscipline program looks at ways of providing exceptional end of life care for a child and their family. Each year the conference will look at different end of life issues that affect pediatric patients, families and care givers.

**Dates:** October 23 (Wednesday)  
**Time:** 8:00am -4:30pm  
**Place:** TBA  
**Fee:** \$100  
**Coordinator:** Virginia Flynn, MSN, RN, CCRN  
**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.  
**Audience:** All RNs, APN, Child Life Therapists, Social Workers, Pediatric Residents, and Physicians who work with children who are critically, chronically or terminally ill.



### **Certification Review: Neonatal Intensive Care**

This course is designed as a review of the care of the high-risk newborn, in preparation to take the NCC or CCRN examination. A review of the following topics will be covered: Newborn assessment, genetics, pulmonary, cardiac, hematologic and neurologic disorders. Professional caring, ethical practice and legal issues will be reviewed. The course has been designed utilizing a lecture, question and answer format. In addition, a review of test-taking strategies and a practice test will be provided.

**Dates:** September 26 (Thursday)

**Time:** 8:00 – 4:30pm

**Place:** Women and Children’s Building Room GO-14

**Fee:** Not open to the Public

**Coordinator:** Marybeth Staines, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** This class is open to anyone who will be taking the NCC or CCRN certification exam in this specialty.

### **Strategies for Breastfeeding in the Neonatal Intensive Care Unit**

Strategies for Breastfeeding will assist the NICU nurse in supporting, protecting, and promoting breastfeeding for optimal infant growth and development in the preterm or high risk infant. The program includes information on global perspectives on breastfeeding, anatomy and physiology, practices that promote initiation of lactation, expressing and storage of breast-milk, and problem management related to mother and infant difficulties, and special circumstances related to the needs of the preterm or high risk infants and mother.

**Dates:** TBA

**Time:** 8:00am-4:30pm

**Place:** Women and Children’s Building Room GO-14

**Fee:** Not open to the Public

**Coordinator:** Marybeth Staines, MSN, RN, CCRN

**Contact Hours:** Contact Hackensack University Medical Center,  
Department of Clinical Education 551-996-2173 for information.

**Audience:** Registered nurses working in the NICU with breastfeeding families