



# CHILDREN'S MENU

## Breakfast

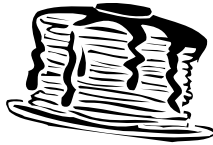


Served from 7 AM to 7:30 PM



### THE CEREAL BOWL

- Oatmeal
- Cream of Rice
- Rice Chex
- Cheerios
- Corn Flakes
- Rice Krispies
- Raisin Bran
- Frosted Flakes



### FLIPPIN' GOOD

All Served with Butter or Smart Balance

- Plain or Cinnamon Raisin Bread
- French Toast

Served with Syrup

- Fluffy Buttermilk Pancakes

Served with Syrup

- Chocolate Chip Pancakes

Served with Syrup

### FRUIT / YOGURT

#### Whole Fruit

Apple, Banana, Orange, Pear

#### Cup of Fruit Salad

#### Fruit in Natural Juices

Peaches, Pears, Fruit Cocktail, Mandarin Oranges or Pineapple

#### Yogurt

Strawberry Banana, Vanilla, Blueberry or Plain



### EGG STATIC SELECTIONS

#### Sunny Scrambled Eggs

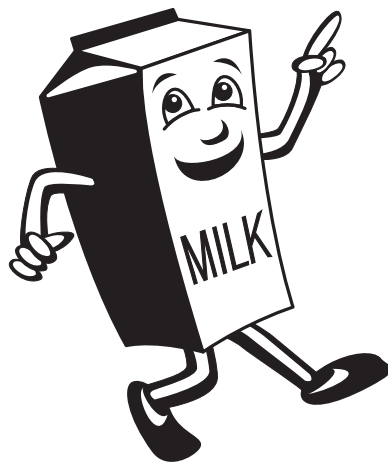
If you would like, we could add American Cheese

#### Make it My Way Omelet

Choice of Cheddar, Swiss or American Cheese, Onions, Mushrooms, Peppers, Spinach, Diced Tomatoes, Diced Ham

#### Bold Breakfast Sandwich

Taylor Ham, Egg, and Cheese on a Small Roll



### BEVERAGES

#### Juice

Orange, Apple, Cranberry, or Lemonade

Whole Milk, 2% Milk, Chocolate Milk, Fat Free Milk

Lactose Free Milk

Silk Soy Milk

Regular or Vanilla Flavored

Hot Chocolate

Regular or Sugar Free

Soft Drinks

Regular or Diet

Pepsi

Sierra Mist

Ginger Ale

Iced Tea

Herbal Tea

Raspberry

Peppermint

Chamomile

Bottled Water



### SHAKE IT UP

#### Fresh Milk Shakes

Double Chocolate

Vanilla

#### High Protein Milk Shakes

Double Chocolate

Vanilla

#### Yogurt Fruit Smoothies

Banana Berry

Peach Passion Fruit

Mixed Berry

### SAVORY SIDES

Smokehouse Bacon

Turkey Bacon

Country Sausage

Virginia Ham

Veggie Sausage

Hackensack Home Fries

### FROM THE BAKERY

Bagel

Croissant

Mini Muffin

Corn, Blueberry, Bran

English Muffin

Flour Tortilla

Sliced White, Wheat,

Multigrain or Rye Bread

Wheat Roll

Apple Danish





# CHILDREN'S MENU

## Lunch and Dinner



Served from 11 AM to 7:30 PM

### FEELING GOOD SOUP

**Homestyle Chicken Noodle**

**Vegetarian Potato Leek**

**Reduced Sodium Vegetarian Minestrone**

**Miyeok Guk**

*Asian Seaweed Soup*

**Bouillon**

*Chicken, Low Sodium Chicken*

*Low Sodium Vegetable*



### FROM THE GARDEN

**Classic Caesar Salad**

*Grated Parmesan and Crispy Croutons*

**Salad Bar Selections - Your Choice**

*Lettuce, Tomato, Carrots, Cucumbers*

**Dressings - Your Choice**

*French, Italian, Ranch,*

*Balsamic Vinaigrette, Oil and Vinegar*

### SOUP AND ENTREE DAILY SPECIALS

**Monday - Friday**

*Ask about them when you call*

### FOOD WE LOVE TO LOVE

**Old Fashioned Grilled Cheese**

*Your Choice of Swiss, Cheddar or American Cheese on White, Wheat or Rye Bread*

**Grilled Burgers**

**Beef, Ground Turkey or Dr Praeger's Veggie**

*Served with Lettuce and Tomato on a Roll*

**Captain Jack's Crispy Fish Sandwich**

*With Tarter Sauce, Lettuce and Tomato on a Soft Roll*

**Down on the Farm Country Style Chicken Fingers**

*Your Choice of Honey Mustard, BBQ or Sweet and Sour Sauce*

**Grandma's Macaroni and Cheese**

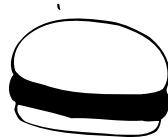
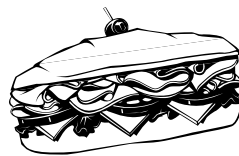
*Traditional Mac and Cheddar Cheese*

**Perfect Personal Pizza**

*Your choice of Cheese, Pepperoni or Mushroom*

**Hot Diggity Dog**

*All Beef Hot Dog on a Soft Bun*



### SANDWICH FACTORY FAVORITES

**Build It Your Way**

**Main Selection**

*Turkey, Ham, Roast Beef, Chicken Salad,*

*Tuna Salad, Egg Salad*

**Choice of Bread**

*White, Wheat, Rye, Multigrain Bread*

*White, Wheat or Hero Roll*

**Cheese**

*American, Cheddar, Swiss, Provolone*

**Toppings**

*Leaf Lettuce, Tomato Slices, Red Onion Slice*

**Add Two Sides**

*Pickle, Cole Slaw, Macaroni Salad,*

*Potato Chips, Pretzels, Kimchi*

**Condiments**

*Ketchup, Low Sodium Ketchup, Mustard,*

*Light Mayonnaise, Ranch or French Dressing*

**Also Available**

**Peanut Butter and Jelly**

**Bacon, Lettuce & Tomato**

**Hummus Cup**

### MORE HOT CHOICES

**Home Style Meatloaf**

**Chicken Parmesan**

*Breaded Chicken Topped with*

*Marinara Sauce and*

*Mozzarella Cheese*

**Arroz Con Pollo**

*Spanish Style Roasted Chicken*

*White or Spanish Rice*

**Steamed Vegetable Dumplings**

*Served with Ginger Dipping Sauce*

**Red Beans and Rice**

**Bulgolgi**

*Korean Marinated Beef*

**Boneless Grilled Chicken Breast**

**Broiled Atlantic Salmon or Tilapia**

**Penne or Spaghetti**

**Marinara**

*Also Available with Meatballs*

**Bolognese**

*A Rich Beef Sauce*

**Chicken Alfredo**

*Sautéed Chicken and Pasta*



*Double Chocolate, Vanilla, Strawberry*

**Fruit Ice**

*Raspberry, Lemon*

**Kozy Shack Pudding**

*Vanilla, Tapioca, Rice, Chocolate*

### SWEET TREATS

**Cup of Fruit Salad**

**Apple, Orange, Pear, Banana**

**Ice Cream**

**Angel Food Cake**

*With Raspberry Puree*

**Cheese Cake with Caramel Sauce**

**Chocolate Chip Cookie**

**Fudge Brownie**

**Regular or Sugar Free Gelatin**

*Strawberry, Tropical, Orange*

