

Hackensack University Medical Center The Center for Allergy, Asthma, and Immune Disorders, P.A. Metabisulfite Challenge





Appointment: review of paperwork



Vitals obtained: specifics of test are reviewed



M.D. exam/ consent is reviewed and signed

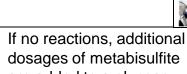


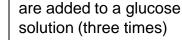
Initial spirometry performed





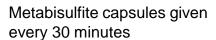






Vitals are obtained and spirometries are performed 30 minutes after each mixture is given





Before each capsule, vitals are obtained and another spirometry is performed

A total of six capsules of varying dosages are given



Exit exam by M.D. and discussion of test results

Education provided if indicated.

Please Note:

- •Be prepared to remain at the Center for six to seven hours
- •Stop using all antihistamines (Alavert®, Allegra®, Antivert®, Benadryl®, Clarinex®, Claritin®, Tavist®, Zyrtec®) **one week** prior to challenge
- •Light breakfast can be eaten before challenge:
- Be sure to eat "safe" sulfite free foods: this can be discussed with staff before challenge
- Wear comfortable clothing and bring work or reading material to occupy your time
- •If this challenge is for a child, a parent or guardian needs to accompany him/her at all times
- •We will call to confirm the appointment. If you cannot keep the appointment, or have any questions, please call 201-996-2065, otherwise you will be charged for missed appointment