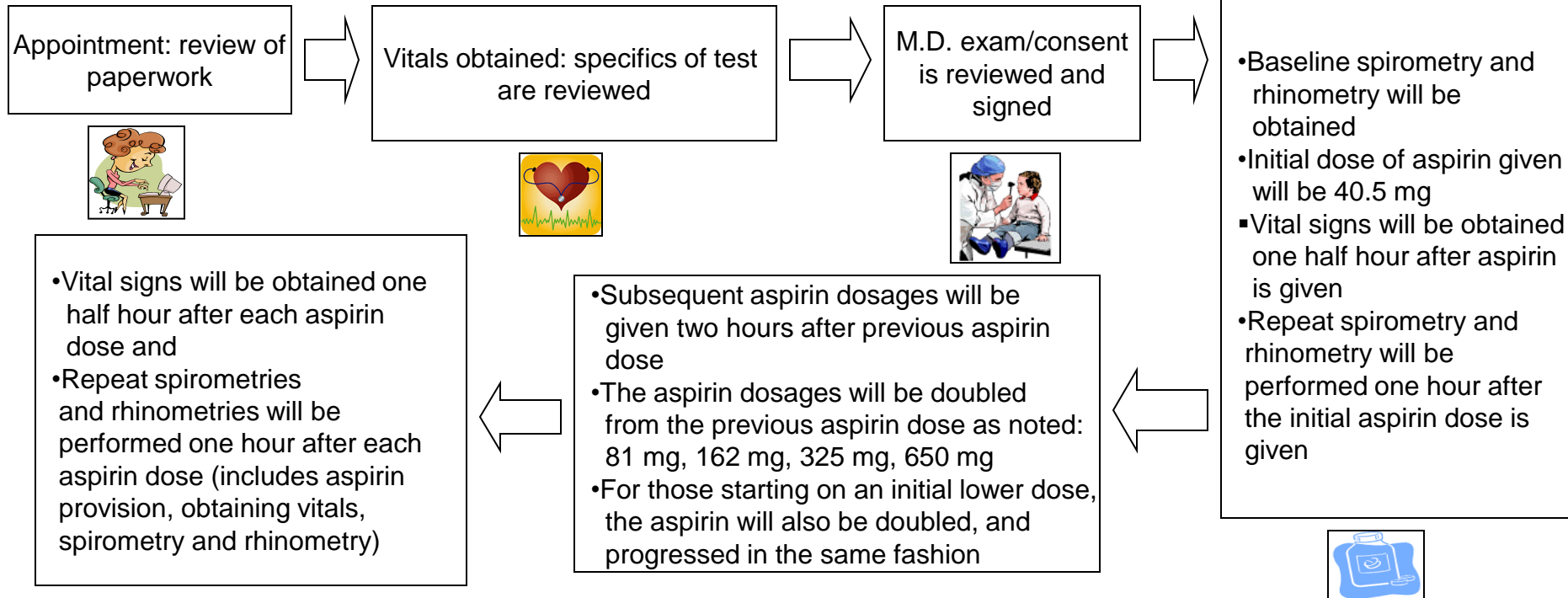




# Hackensack University Medical Center

## The Center for Allergy, Asthma, and Immune Disorders, P.A.

### Rapid Oral Aspirin Challenge Desensitization Procedure



#### Please Note:

- Be prepared to remain at the Center for **eight hours**
- Stop all antihistamines (Alavert®, Allegra®, Antivert®, Benadryl®, Clarinex®, Claritin®, Sudafed®, Tavist®, Zyrtec®) **one week** prior to challenge
- Light breakfast may be eaten before (i.e. toast, hot or cold cereal, and fruit)
- Avoid foods to which you showed past sensitivity
- Wear comfortable clothing and bring work or reading material to occupy your time
- If this aspirin challenge is for a child, a parent or guardian needs to accompany him/her at all times
- We will call to confirm the appointment. If you cannot keep the appointment, or have any questions, please call 201-996-2065, otherwise you will be charged for the missed appointment